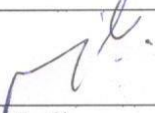
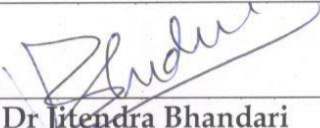



## Report on Guest Session on occasion of World Mental Health day

The ISR committee of IMERT had arranged an Online guest session on the occasion of “**World Mental health day**” on 10<sup>th</sup> October 2022.

This day, each October, thousands of supporters come to celebrate this annual awareness program to bring attention to mental illness and its major effects on people's lives worldwide. This year's theme was “Make mental health and well-being for all a global priority”. Several concerns have been raised by the World Health Organization (WHO) which indicated that prior to the Covid-19 pandemic at least one in eight people worldwide were suffering from mental health issues. The session was conducted by renowned counsellor Ms Aparna Dixit who holds a MBA in IT from Pune University and later she did master's in Clinical Psychology. Her CBT and REBT training is from Morphic Minds (affiliated to Albert Ellis Institute, New York). She has done Diploma in counseling psychology from Ferguson college, Pune. She has more than fourteen years' of experience in handling clinical cases, children and adults counseling and remedial teaching for children with special needs. She conducts workshops and talks on topics like mental wellness, work life balance, team building, posh law awareness, diversity and inclusion etc. Beuro veritas, Fiserv, Rapid circle, Inamdar hospital, TCS, Mumbai Police, Deutsche Bank are some of the organizations she has worked with. Many students and faculty members attended the session. Prof Pranjal Jadhav welcomed the guest and gave the importance of the day. Prof Vivekanand Gaikwad proposed vote of thanks. The Programme was concluded with question answer session. .

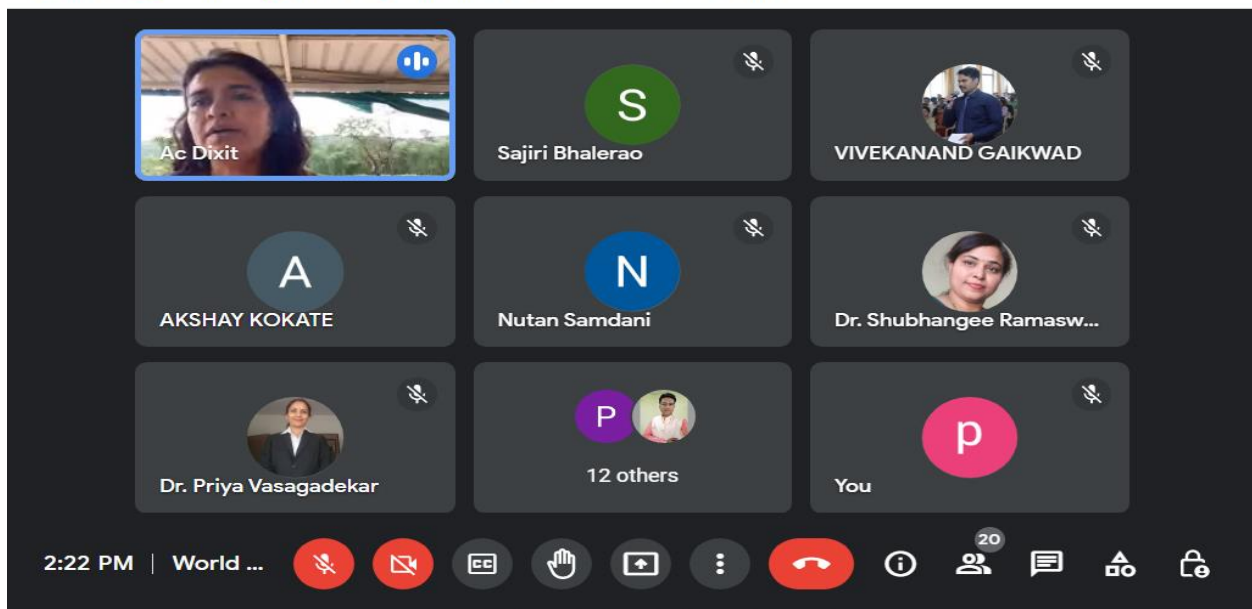
Dr Shubhangee Ramaswamy, I/C Director guided for the session. Prof Pranjal Jadhav , ISR Committee head coordinated for the session.

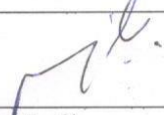
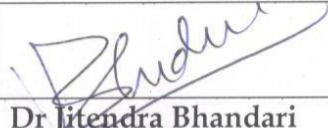

		
Prof Pranjal Jadhav Name & Signature of Coordinator	Dr Jitendra Bhandari Reviewed by HOD	Dr Shubhangee Ramaswamy Approved by I/C Director

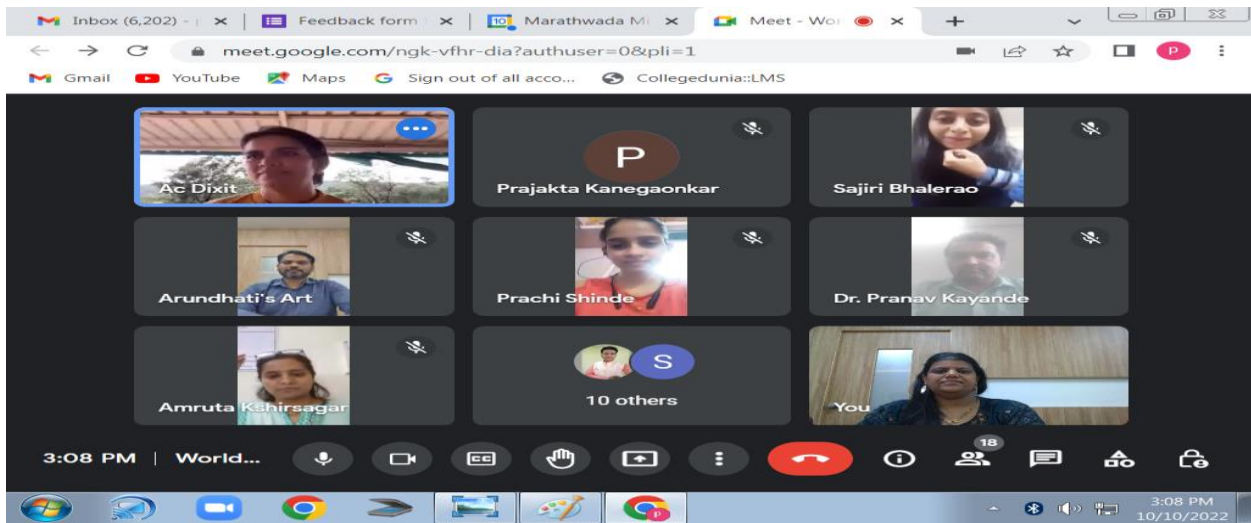
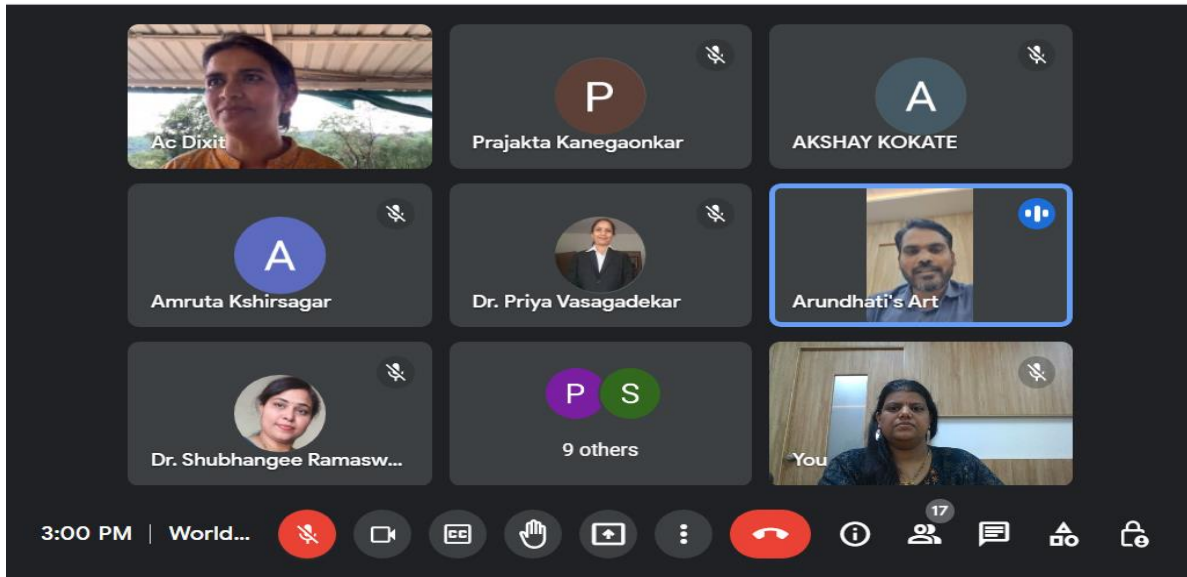
## Photographs of International Day of Peace on 21<sup>st</sup> September 2022

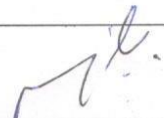
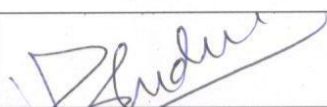



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Prof Pranjali Jadhav Name & Signature of Coordinator	Dr Jitendra Bhandari Reviewed by HOD	Dr Shubhangee Ramaswamy Approved by I/C Director



		
<p>Prof Pranjal Jadhav Name &amp; Signature of Coordinator</p>	<p>Dr Jitendra Bhandari Reviewed by HOD</p>	<p>Dr Shubhangee Ramaswamy Approved by I/C Director</p>