



Since 1994

**Marathwada MitraMandal's
INSTITUTE OF MANAGEMENT EDUCATION RESEARCH AND TRAINING
(IMERT), Pune**

**S. No. 18, Plot No. 5/3, CT5 No. 205, Behind Vandevi Temple, Karvenagar,
Pune – 411052**

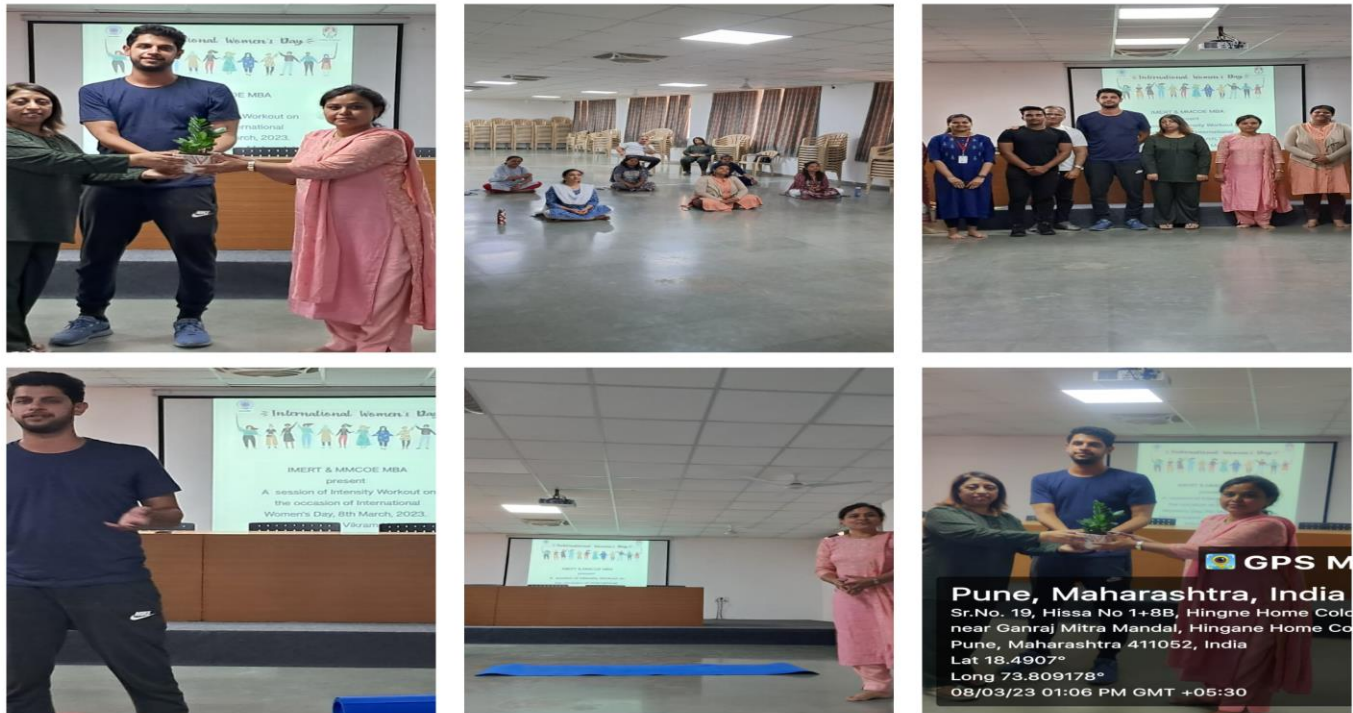


AY: 2022-23

International Women's Day Celebration 2023

Date of the Event: (DD/MM/YYYY)	8/3/2023	Duration:	9.00am to 10.00am
Day of the Event:	Saturday	Venue:	MM's IMERT

International Women's Day on 8th march is a day to celebrate social, economic and political achievements of women, reflect on progress, and demand gender equality. IMERT celebrated International Women's Day by organizing 1 hour 30 minutes program on mental and physical wellness and wellbeing. Mr. Vikram Mehendale, Founder, Vikram's Fitness conducted a program wherein female staff was empowered to take cognizance of their mental and physical health by way of high intensity exercise and guidance on how to maintain mental health wellbeing.



Prof. Aparna Shastri	Dr. Pranav Kayande, IQAC Co-ordinator	Dr. Shubhangee Ramaswamy I/C Director
Name & Signature of Coordinator	Reviewed by IQAC Head	Approved by I/C Director