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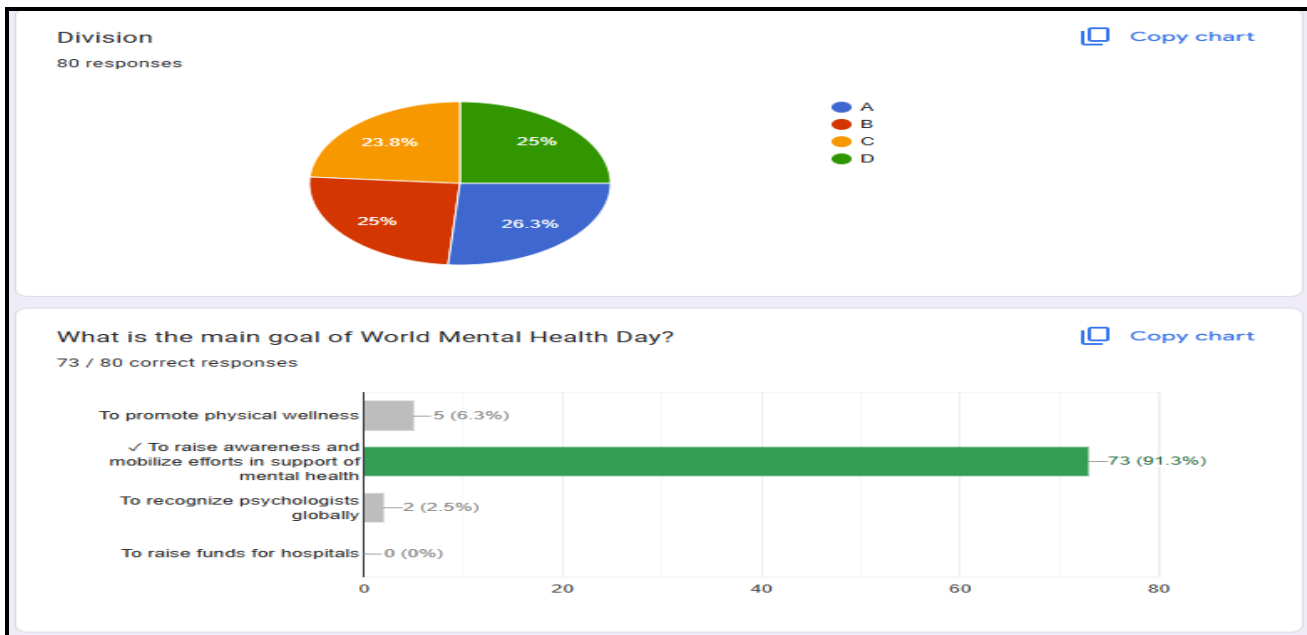
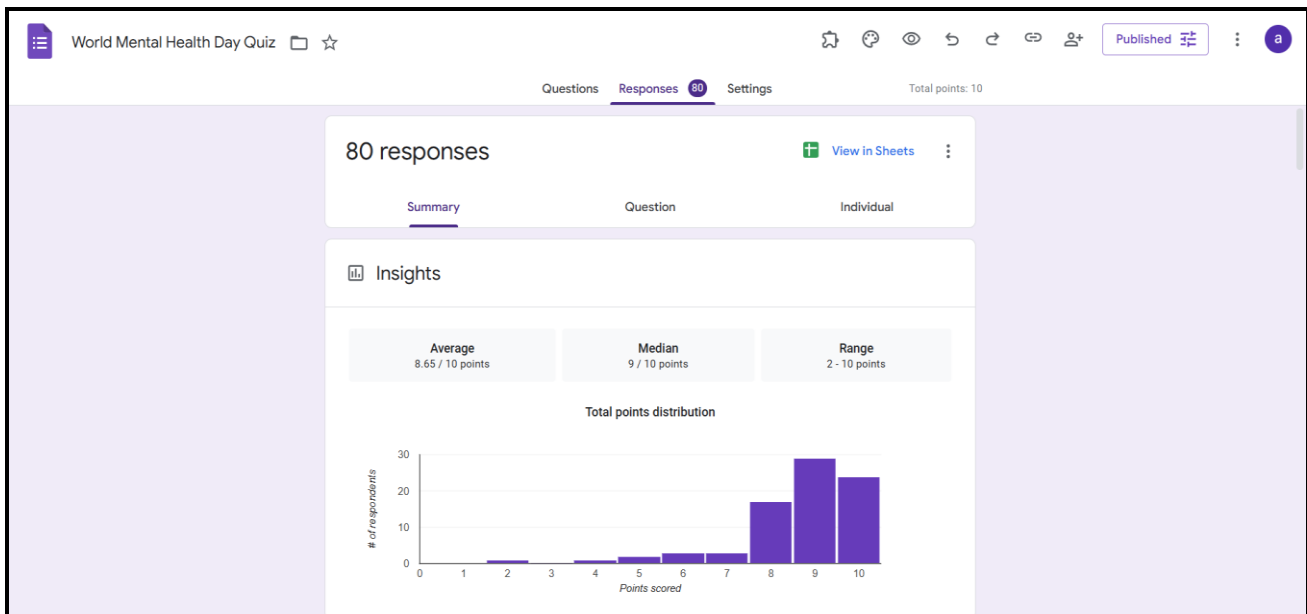
Marathwada MitraMandal's INSTITUTE OF MANAGEMENT EDUCATION RESEARCH AND TRAINING (IMERT), Pune

S. No. 18, Plot No. 5/3, CTS No. 205, Behind Vandevi Temple, Karvenagar,
Pune - 411052



Report on World Mental Health Day Quiz 2025

Date of the Event: (DD/MM/YYYY)	10.10.2025 – 11.10.2025	Duration:	2 days
Day of the Event:	Friday & Saturday	Venue:	Online
No of Participants	80		

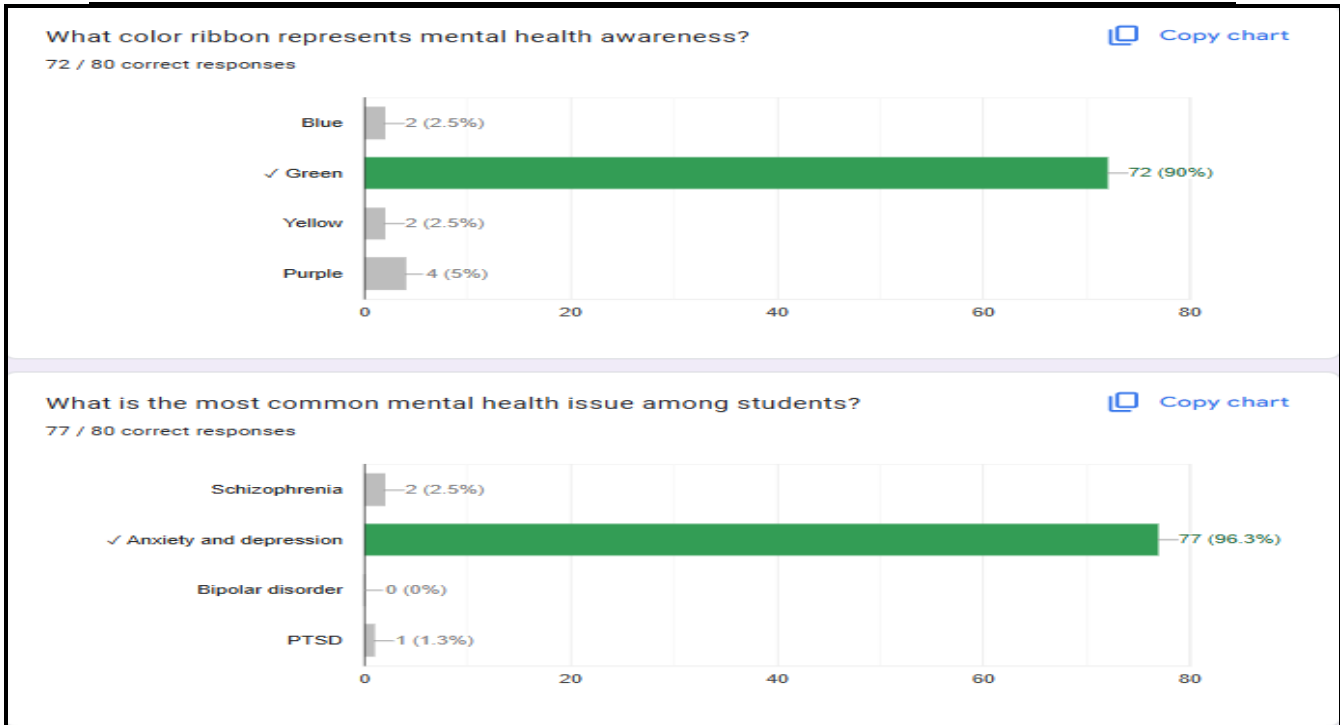




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In observance of **World Mental Health Day**, a quiz was organized at Marathwada Mitra Mandal's Institute of Management Education Research and Training (MM's IMERT) on 10th and 11th October 2025. The activity aimed to promote awareness about mental health, emotional well-being and the importance of self-care among students. A total of 80 students enthusiastically participated in the quiz, which featured thought-provoking questions on mental health concepts, coping strategies and mindfulness practices. The event successfully fostered learning, reflection, and open dialogue, encouraging students to prioritize mental wellness in their daily lives.

Prof. Aparna Shastri ISR Committee Head	Dr. Mangalgouri Patil IQAC Coordinator	Dr. Shubhangee Ramaswamy Director
Prepared by	Reviewed by	Approved by