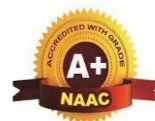




Since 1994

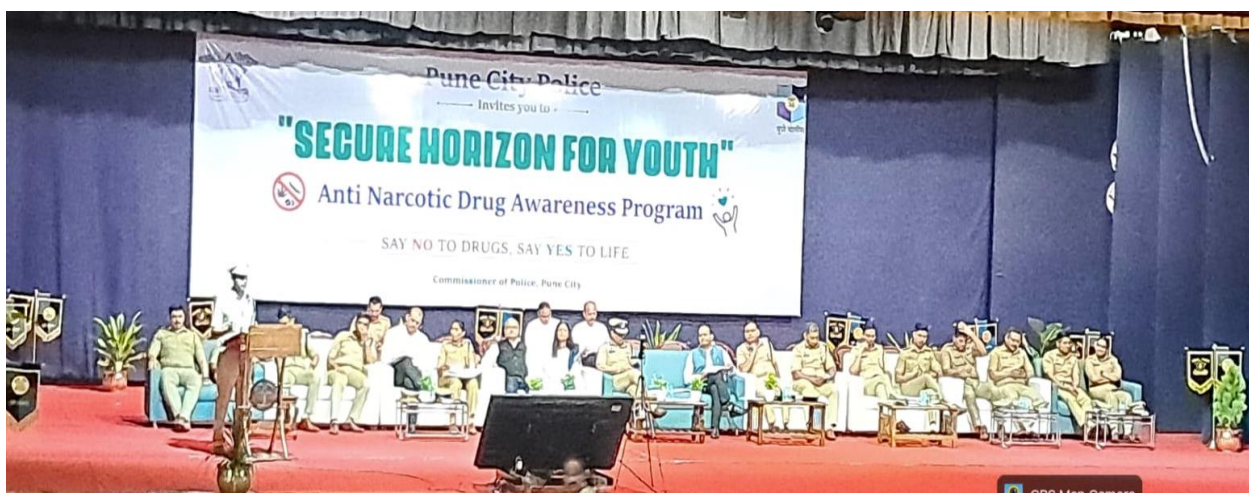


Date of the Event: (DD/MM/YYYY)	16/07/2026	Duration:	11.00am to 1.30pm
Day of the Event:	Thursday	Venue:	Ganesh Kala Krida Manch, Swargate, Pune
No of Participants		05 Members from MM's IMERT	

Report on "SECURE ZONE FOR YOUTH" Anti Narcotic Drug Awareness Program

Pune City Police organized the "Secure Zone for Youth" – Anti-Narcotic Drug Awareness Programme on 16 July 2026 at Ganesh Kala Krida Manch, Swargate, Pune. The programme was conducted to create awareness among youth about the dangers of drug abuse and to promote a healthy, safe, and drug-free society.

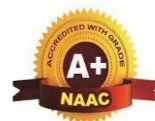
The keynote address was delivered by **Mr. Amitesh Kumar, Commissioner of Police, Pune City**, who shared his views on the safety and security of Pune city and emphasized the importance of preventing drug addiction among young people. He explained that substance abuse has serious physical, psychological, social, and economic consequences and can adversely affect an individual's future. The participants were informed about the early warning signs of drug addiction, including behavioural changes, poor academic performance, social isolation, and deterioration in personal health and hygiene. The session also highlighted the stringent legal provisions under the Narcotic Drugs and Psychotropic Substances (NDPS) Act, explaining the severe penalties associated with drug-related offences. The programme encouraged students to resist peer pressure, adopt healthy lifestyles, seek timely professional help whenever required, and spread awareness about the harmful effects of drugs. The event was attended by **Dr. Shubhangee Ramaswamy**, Director, MM's IMERT; **Dr. Jitendra Bhandari**, HOD, **Prof. Vivekanand Gaikwad**, **Prof. Pranjal Jadhav**, and **Prof. Sachin Kshirsagar**, Assistant Professors, MM's IMERT. The programme concluded with the administration of the "No Drugs" Oath, where all participants pledged to stay away from drugs and actively contribute towards building a drug-free society.







Since 1994



PUNE CITY POLICE

Cordially Invites You..



पुणे पोलीस

“SECURE HORIZON FOR YOUTH”

Anti- Narcotic Drug Awareness Program



‘Choose Life, Not Drugs...’

CHOOSE LIFE. CHOOSE FREEDOM.

Substance Abuse Awareness,
Prevention and Recovery



Why say No to drugs ?

Drug addiction is a medical disorder that alters brain chemistry, affecting behaviour and self-control. Experimentation can quickly lead to dependency, eroding physical health, mental stability, relationships, and future career prospects.

Spot The Signs: How to identify Drug Abuse

Recognising the early warning in friends, family members, or classmates can save a life. Look for:-



Physical Changes:

Blood shot eyes, sudden weight shifts, slurred speech, or poor personal hygiene.



Behavioural Shifts:

Increased secrecy, sudden mood swings, unprovoked anger, or suspicious borrowing of money.



Academic/ Professional Drop:

Unexplained absenteeism, falling grades, or a sudden loss of interest in hobbies.



Social Isolations:

Abandoning long-time friends to associate exclusively with a completely new peer group.



The legal Consequences (The NDPS Act)

In India, drug offence carry severe legal outcomes under the Narcotics Act:

Strict Liability : Ignorance of the law is not an excuse; possession of illegal Drugs leads to immediate arrest.



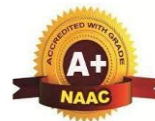
Be Aware. Be Responsible. Be the Change.
Together, let's build a Drug-Free Pune.





Since 1994

Marathwada Mitra Mandal's
INSTITUTE OF MANAGEMENT EDUCATION RESEARCH AND TRAINING
(IMERT), Pune
S. No. 18, Plot No. 5/3, CT5 No. 205, Behind Vandevi Temple, Karvenagar,
Pune – 411052



CHOOSE LIFE, CHOOSE FREEDOM.



No Bail

Getting bail for drug-related offences, especially involving commercial amounts, is highly difficult.



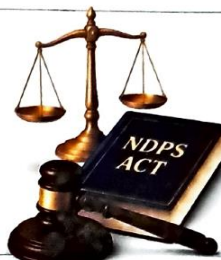
Heavy Sentences

Penalties range from 1 year of rigorous imprisonment for minor possession up to 20 years for larger quantities.



Career Block

A criminal record for drug abuse eliminates opportunities for government jobs, visa's, and higher education.



BUILDING A SHIELD : PREVENTION TIPS



Learn to say No

Practice firm refusal lines to counter peer pressure without feeling guilty.



Manage Stress Safely

Replace substances with healthy coping tools like sports, Music, exercise, or Meditation.



Pick your circle Wisely

Surround yourself with positive peers who respect your boundaries and choices.



Stay Informed

Understand that "Natural" or "party drugs" are highly addictive and heavily adulterated.



Be a Positive Influence

Encourage friends to make healthy choices and support them in staying drug-free.



THE PATH TO HELP AND RECOVERY

If you or someone you care about is struggling, break the silence immediately. Recovery is entirely possible.



1 Confide in someone:

Talk openly to a parent, teacher, counsellor, or doctor you trust.



2 Call the national helpline:

Dial 1933 India's toll free, confidential drug de-addiction helpline available 24/7. For complaints within Maharashtra Dial 112.



3 Seek Professional Help:

Consult psychiatrists and addiction specialists for safe supervised detoxification and treatment.



4 Visit a de-addiction centre:

En-roll in government recognized rehabilitation program for long term psychological support.



YOUR LIFE IS WORTH MORE THAN A TEMPORARY HIGH.

Pune City, Police

 Prof. Vivekanand Gaikwad Assistant Professor	 Dr. Jitendra Bhandari HOD	 Dr. Shubhangee Ramaswamy Director
Prepared by	Reviewed/Recommended by	Approved by